

CLOGGING STEP PRACTICE LIST #2

DESCRIPTION

1. Dt-Step — Dt-Step — Dt-Step — Rock-Step
 & 1 & 2 & 3 & 4
 L L R R L L R L

2. Dt-Step — Brush-Slide
 & 1 & 2
 L L R L

3. Dt-Step — Dt-Step — Dt-Step — Brush-Slide
 & 1 & 2 & 3 & 4
 L L R R L L R L

4. Toe-Heel — Brush-Slide
 & 1 & 2
 L L R L

5. Dt-Step(s) — Dt-Step(xib) — Dt-Step(s) — Rock-Step
 & 1 & 2 & 3 & 4
 L L R R L L R L

6. Dt-Step(s) — Dt-Step(xib) — Dt-Step(s) — Brush-Slide
 & 1 & 2 & 3 & 4
 L L R R L L R L

Variations on a 4 Count Rock-Step:

Dt-Step — Rock-Step — Rock-Step — Rock-Step (normal)

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|-----|----------------------------|---|
| 7. | Side Rocks | Move sideways |
| 8. | Turning Rocks | Turn the designated amount (usually half or a full turn). Turn towards the lead foot. |
| 9. | Rock Back / Forward | Move back or forward on the step. |
| 10. | Rocker Right / Left | Place "Rocking" foot behind slightly to twist to the right or left. |

Similar variations can be done with the Basic step. The most common is:

11. **Basic Twist [or: Basic Rock in Back]** Dt-Step — Rock(xib)-Step

Note: All the steps on this page will be repeated with the opposite foot.

Abbreviations used on this sheet:

Dt = Double Toe	L = Left	R = Right
xib = cross in back	s = side	

NAME

Triple

Think: "and 1 and 2 and 3 Rock Step"

Single Brush or just Brush

Watch that you don't add a Rock-Step to this step.
 (See Brush description in Step #4 below.)

Triple Brush

Think: "and 1 and 2 and 3 Brush up"

Like a Triple, but end with the Brush-Slide instead of a Rock-Step.

Second Basic or Toe Heel Brush Slide

Be sure to make four distinct sounds. Knee should be straight after the Brush, then bends up in front on the Slide. Even if your foot doesn't move forward on the Slide, you should do a heel click on that last beat.

Vine (aka: 4 Count Vine)

Same movements as a Triple, but moving sideways.

Vine Brush

Same movements as a Triple Brush, move sideways.