

Monday Morning

Music: Fleetwood Mac

choreo: Sarah Dwight-Gilroy (2016)

Level: Intermediate

email: loudfeetdancer@gmail.com

Sequence: A B A B C 1/2A B End

website: www.loudfeetdancer.com

70s Rock--108 BPM

youtube: loudfeetdancer

Wait 1/2 (wait "Monday," stomp your Birmingham on "MORN-ing")

A (56 counts)

- | | | |
|-----|----------------------------|---|
| (8) | Birmingham | (p)Sto-DS(xf)-St Dbl(ux)-RS-To SI-DS-DS-RS |
| (8) | Cowboy | DS-DS-DS-Br SI-DS-RS-RS-RS (move fwd, then back) |
| (8) | Ghostbuster (1/2 R) | DS-Dbl(xf) SI-Dbl(ux) SI-Jg Jg-Jg Jg-Chug SI-DS-RS (turn R on Jogs) |
| (4) | 2 Basics | DS-RS |
| (4) | Fancy Double | DS-DS-RS-RS |
| (8) | Birmingham | |
| (8) | Cowboy | |
| (8) | Ghostbuster (1/2 R) | |

B (36 counts)

- | | | |
|------|---------------------------------|---|
| (16) | 2 Samanthas (1/2 R each) | DS-DS(xf)-Dr St(b)-Dr St(ots)-RS-DS-DS-RS (<i>turn 1/2 R on each</i>) |
| (8) | Scotty | DS-Dbl(xf) SI-Dbl(ux) SI-Tp(xb) Jp(a)-(p)Sto(R)-DS-DS-RS |
| (4) | Forward and Back | DS-Br SI-DS-RS |
| (8) | 2 Slur Vines | DS(ots)-Slur St(xb)-DS-RS |

Repeat A (56 counts): Birmingham, Cowboy, Ghostbuster (1/2 R), 2 Basics, Fancy Double, Birmingham, Cowboy, Ghostbuster (1/2 R)

Repeat B (36 counts): 2 Samanthas (1/2 R each), Scotty, Forward and Back, 2 Slur Vines

C (32 counts)

- | | | | |
|-----|---|--------------------|---|
| (8) | 2 | Clover Vine | DS(ots)-DS(xf)-DS(ots)-DS(xb)-DS(ots)-DS(xf)-DS(ots)-RS |
| (8) | | Swing Basic | DS-RS-Dr St-RS-Dr St-RS-DS-RS |

1/2 A (24 counts): Birmingham, Cowboy, Ghostbuster (full turn R)

Repeat B (36 counts): 2 Samanthas (1/2 R each), Scotty, Forward and Back, 2 Slur Vines

End (5 counts)

- | | | |
|-----|------------------|--------|
| (4) | Slur Vine | |
| (1) | Stomp | (p)Sto |