

BABY'S GOT A HOLD ON ME

Beginner I Line Dance
 Music: Nitty Gritty Dirt Band
 Start with Left foot

Adapted by Lois Elling
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<i>(# bts)</i>	<i>Qty</i>	<i>Step Name</i>	<i>Step Description / "Cued as..."</i>
INTRO: Wait 8 beats			
(16)	4	Side Rocks	DS-RS-RS-RS; move to L, R, L, R <i>"Double Step – Rock Step – Rock Step – Rock Step"</i>
PART A:			
(4)	2	Basics	DS-RS <i>"Double Step – Rock Step"</i>
(4)	1	Triple fwd/bk	DS-DS-DS-RS; move forward, then back <i>"Double Step – Double Step – Double Step – Rock Step"</i>
(4)	2	Basics	DS-RS
(4)	1	Triple fwd/bk	DS-DS-DS-RS; move forward, then back
Repeat A			
PART B:			
(8)	2	Rocker Right/Left	DS-RS-RS-RS; face 1/4 R, then L <i>"Double Step – Rock Step – Rock Step – Rock Step"</i>
(8)	4	Basics; roll	full turn L
BRIDGE I:			
(4)	4	Toe Heels	ToH <i>"Toe Heel"</i>
Repeat A & B			
BRIDGE II:			
(16)	4	Side Rocks	to L, R, L, R
Repeat A & B & B			
END:			
(8)	2	Rock Back	DS-RS-RS-RS; back up
(7)	7	Runs fwd	DS <i>"Double Step"</i>
(1)	1	Stomp Stomp	StoSto (quick) <i>"Stomp Stomp"</i>

ABBREVIATIONS:

DS = Dt-Step	RS = Rock-Step
ToH = Toe-Heel	Sto = Stomp
L = Left	R = Right